

Office of Regulatory Compliance

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HIPAA Policy 9.12

Title: Secure E-Mail Transmission

Source: Office of Regulatory Compliance

Prepared by: Assistant Vice Chancellor for Regulatory Affairs

Approved by: Vice Chancellor for Research

Effective Date: July 1, 2013

Replaces: 04/03/05

Applies: All UCD campuses

Introduction

Purpose

The purpose of this policy is to outline the procedures for handling e-mail messages containing Protected Health Information (PHI) at UCD.

Reference

45 C.F.R. § 164.312 (e)(1) and (e)(2)(ii)

Applicability

This policy applies to all members of the UCD workforce who may transmit ePHI via e-mail.

Policy

Anyone at UCD who communicates PHI with recipients outside of UCD using email is responsible for the protection and integrity of the data. This includes faculty, staff, students, trainees, volunteers, etc.

Procedures

A. General

1. PHI may not be transmitted by e-mail unless the sender of the e-mail is using a secure e-mail system.

- 2. UCD has implemented a secure messaging system (safemail) which is specifically designed for the transmission of e-mail messages containing PHI and other sensitive information.
 - a. Full documentation and instructions for the use of the UCD secure email system can be found on the ITS website.
 - b. The UCD secure e-mail system must be used when communicating PHI via e-mail outside of the private network belonging to UCD and its major Affiliates.
 - c. E-mails sent within UCD or from UCD to a major Affiliate are already protected and do not need to be sent via the secure e-mail system.
- 3. Members of the UCD workforce who wish to send PHI or other sensitive information via e-mail and are not on the UCD network must use a secure e-mail system that has the following features:
 - a. *Transmission Security*. The message cannot be intercepted by someone other than the intended recipient while the message is in transmission. Transmission security can be accomplished by the use of encryption.
 - b. *Mechanism to Authenticate*. The recipient of the message must have the ability to know that the content of the message has not been altered during transmission. This must be built into the e-mail system in use.
- 4. Updated anti-virus protection must be in place on any UCD computing device either sending or receiving e-mail.

Updated anti-virus protection must also be in place on the e-mail servers and at the e-mail gateways.